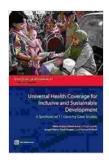
# **Universal Health Coverage: A Path to Inclusive and Sustainable Development**



**Universal Health Coverage for Inclusive and Sustainable Development: A Synthesis of 11 Country** Case Studies (Directions in Development) by Cheryl Cashin



: English File size : 1563 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 75 pages



Universal health coverage (UHC) is the provision of essential health services to all people, regardless of their income or social status. It is a key factor in achieving inclusive and sustainable development. UHC helps to reduce poverty, improve health outcomes, and promote economic growth.

There are a number of reasons why UHC is essential for inclusive and sustainable development.

#### **Poverty reduction**

UHC can help to reduce poverty by providing access to essential health services for poor people. When people are sick, they are often unable to work, which can lead to a loss of income and increased poverty. UHC can help to prevent this by providing access to affordable health care, which can help people to get back to work and improve their economic situation.

#### Improved health outcomes

UHC can also help to improve health outcomes for all people. When people have access to essential health services, they are more likely to get the care they need to prevent and treat diseases. This can lead to improved health outcomes, such as reduced mortality rates and increased life expectancy.

#### **Economic growth**

UHC can also help to promote economic growth. When people are healthy, they are more productive and able to work. This can lead to increased economic growth and development. UHC can also help to reduce the cost of health care for businesses, which can make them more competitive and create more jobs.

#### **The Sustainable Development Goals**

UHC is also a key factor in achieving the Sustainable Development Goals (SDGs). The SDGs are a set of 17 goals adopted by all United Nations member states in 2015. The goals aim to achieve a more sustainable and equitable world by 2030. UHC is essential for achieving many of the SDGs, such as:

Goal 1: End poverty

Goal 3: Good health and well-being

Goal 4: Quality education

- Goal 5: Gender equality
- Goal 8: Decent work and economic growth

UHC is essential for achieving inclusive and sustainable development. It helps to reduce poverty, improve health outcomes, promote economic growth, and achieve the SDGs. Investing in UHC is one of the best ways to create a more just and equitable world for all.



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