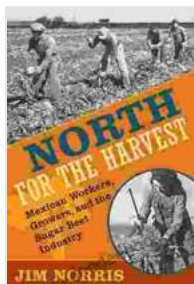


North for the Harvest: A Journey into the Heart of Canada's Food System



North for the Harvest: Mexican Workers, Growers, and the Sugar Beet Industry by Jim Norris

★★★★★ 5 out of 5

Language : English
File size : 1978 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 260 pages

FREE

DOWNLOAD E-BOOK





North for the Harvest is a groundbreaking documentary that explores the complex and often hidden world of Canada's food system. The film follows a group of farmers, fishers, and food activists as they work to build a more sustainable and equitable food system for all Canadians.

The film begins by introducing us to a group of farmers who are struggling to make a living in the face of low commodity prices and increasing input costs. We then meet a group of fishers who are fighting to protect their livelihoods from the impacts of climate change and overfishing. Finally, we

meet a group of food activists who are working to build a more sustainable and equitable food system for all Canadians.

Through the stories of these individuals, **North for the Harvest** provides a unique and intimate look at the challenges and opportunities facing Canada's food system. The film raises important questions about the sustainability of our current food system and the need for a more just and equitable food system for all.

The Challenges Facing Canada's Food System

Canada's food system is facing a number of challenges, including:

- **Climate change:** Climate change is having a significant impact on Canada's food system, causing changes in weather patterns, increasing the frequency and severity of extreme weather events, and altering the distribution of pests and diseases. These changes are making it more difficult for farmers and fishers to produce food, and are also leading to higher food prices.
- **Industrial agriculture:** The industrialization of agriculture has led to a number of problems, including:
 - **Environmental degradation:** Industrial agriculture practices, such as the use of synthetic fertilizers and pesticides, can damage the environment and pollute water sources.
 - **Loss of biodiversity:** Industrial agriculture practices have led to a loss of biodiversity, as farmers increasingly rely on a small number of high-yield crops and livestock breeds.

- **Concentration of power:** The industrialization of agriculture has led to a concentration of power in the hands of a small number of large corporations, which control a significant share of the food market.
- **Food insecurity:** Food insecurity is a growing problem in Canada, with over 4 million Canadians living in food insecure households. Food insecurity is caused by a number of factors, including poverty, unemployment, and lack of access to affordable food.

The Opportunities for a More Sustainable and Equitable Food System

Despite the challenges facing Canada's food system, there are also a number of opportunities for a more sustainable and equitable food system. These opportunities include:

- **Agroecology:** Agroecology is a holistic approach to farming that focuses on building healthy and resilient ecosystems. Agroecological practices can help farmers to adapt to climate change, reduce their environmental impact, and improve their yields.
- **Local food systems:** Local food systems are based on the production and distribution of food within a local area. Local food systems can help to reduce the environmental impact of food production and distribution, and can also help to support local farmers and businesses.
- **Food sovereignty:** Food sovereignty is the right of people to define their own food systems and to produce and consume food in a way that is sustainable and equitable. Food sovereignty movements are working to build food systems that are controlled by local communities and that meet the needs of all people.

North for the Harvest: A Call to Action

North for the Harvest is a powerful call to action for a more sustainable and equitable food system in Canada. The film shows us that the challenges facing our food system are real, but that there are also many opportunities for change. By working together, we can build a food system that is good for people and for the planet.

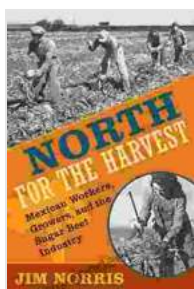
How to Get Involved

There are many ways to get involved in the movement for a more sustainable and equitable food system. Here are a few ideas:

- **Support local farmers and businesses:** Buy food from local farmers and businesses whenever possible. This helps to support local economies and reduces the environmental impact of food production and distribution.
- **Grow your own food:** Growing your own food is a great way to learn about where your food comes from and to reduce your environmental impact. Even if you only have a small space, you can grow some of your own food.
- **Get involved in your community:** There are many community-based organizations working to build a more sustainable and equitable food system. Get involved in these organizations and help to make a difference in your community.
- **Educate yourself:** Learn more about the food system and the challenges and opportunities for change. The more you know, the more you can do to make a difference.

North for the Harvest is a must-see film for anyone who is interested in the future of food in Canada. The film provides a unique and intimate look at the challenges and opportunities facing our food system, and it is a powerful call to action for a more sustainable and equitable food system for all.

By working together, we can build a food system that is good for people and for the planet.



North for the Harvest: Mexican Workers, Growers, and the Sugar Beet Industry by Jim Norris

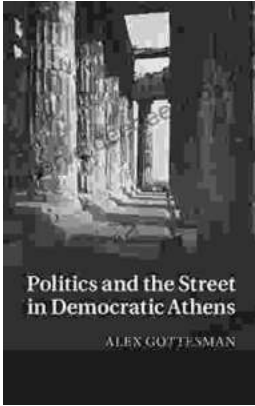
★★★★★ 5 out of 5

Language : English
File size : 1978 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 260 pages



An Immersive Exploration into the World of Big Note Sheet Music with Lettered Noteheads: A Revolutionary Tool for Aspiring Musicians

: Embarking on a Musical Odyssey The pursuit of musical excellence is an enriching and fulfilling endeavor, yet the path to mastery can often be shrouded in challenges....



Politics And The Street In Democratic Athens

The streets of democratic Athens were a lively and chaotic place, full of people from all walks of life. The city was home to a large and diverse population,...